

Lisa Jeskins Training Engaging training for information professionals

# Course outline <u>Achieving interview success</u>

### Course aim

To introduce staff to a range of techniques to improve their success at interviews

# Objectives

At the end of the course participants will have:

- 1. Examined job descriptions/person specifications and identified what they should include in their CVs and applications
- 2. Discussed how and what to prepare, reflected on what research needs to be done.
- 3. Reflected on different ways to manage stress during an interview
- 4. Identified what they should tell an interviewer and what might impress
- 5. Practiced creating answers to certain key interview questions
- 6. Determined how to prepare for a presentation
- 7. Considered why reviewing performance is important and how to improve for future interviews

#### Content

- Getting an interview
- Preparing for your interview
- Coping with nerves
- How to sell yourself
- Answering interview questions
- Preparing for an interview presentation
- How to improve your interview skills

#### Course type

The session will include a mixture of group discussion work.

# Feedback

"Useful and enjoyable and gave me the boost I needed to start reviewing my CV."

"Lisa is a really pleasant and effective trainer who always does really well at putting everyone in a group at their ease, it was a great event."

"Lisa brought a wealth of knowledge and experience to the training workshop. She was very positive and able to encourage contributions from all the staff taking part. I would highly recommend this course to my colleagues."